

# Be Safe Around Water Be Safe: A Comprehensive Guide to Water Safety for Kids and Parents

Water is a fun and refreshing way to cool off on a hot day, but it can also be dangerous. Every year, thousands of people drown in the United States. Most of these drownings are preventable. By following a few simple water safety tips, you can help keep your family safe.



## Be Safe around Water (Be Safe!) by Bridget Heos

★★★★☆ 4.2 out of 5

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One of the most important water safety tips is to never swim alone. Always swim with a buddy, and make sure to let someone know where you are going and when you expect to be back.

Another important water safety tip is to always wear a life jacket when you are in or around water. Life jackets can save your life if you fall into the water or if you are caught in a current.

It is also important to be aware of the water conditions before you go swimming. If the water is cold, rough, or cloudy, it is best to stay out of the water.

If you are swimming in a pool, be sure to obey the pool rules. Never dive into a pool that is too shallow, and never swim in a pool that is not supervised by a lifeguard.

If you are swimming in a natural body of water, be aware of the hazards that may be present. These hazards can include currents, underwater obstacles, and wildlife.

By following these simple water safety tips, you can help keep your family safe around water.

### **Water Safety for Kids**

Water safety is especially important for kids. Kids are more likely to drown than adults, because they are not as strong swimmers and they are not as aware of the dangers of water.

Parents should always supervise their kids when they are in or around water. Parents should also teach their kids how to swim and how to be safe around water.

Here are some water safety tips for kids:

- Never swim alone.
- Always wear a life jacket when you are in or around water.
- Be aware of the water conditions before you go swimming.
- Obey the pool rules.
- Be aware of the hazards that may be present in natural bodies of water.

## Water Safety for Parents

Parents have a responsibility to keep their kids safe around water. Parents should follow these water safety tips:

- Always supervise your kids when they are in or around water.
- Teach your kids how to swim and how to be safe around water.
- Make sure your kids wear life jackets when they are in or around water.
- Be aware of the water conditions before you go swimming with your kids.
- Obey the pool rules.
- Be aware of the hazards that may be present in natural bodies of water.

By following these water safety tips, you can help keep your family safe around water.

Water safety is important for everyone, but it is especially important for kids. Parents should always supervise their kids when they are in or around water, and they should teach their kids how to swim and how to be safe around water.

By following a few simple water safety tips, you can help keep your family safe around water.

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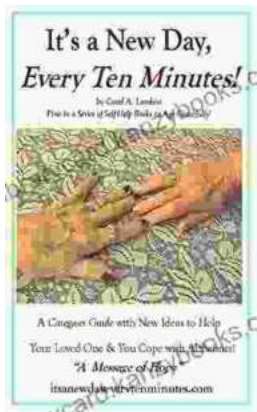


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