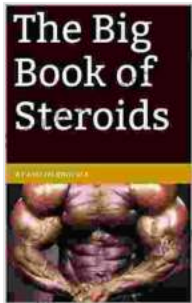


An Unbiased Look at the World of Performance Enhancing Drugs



The Big Book of Steroids: An unbiased look at the world of Performance Enhancing Drugs by By Joseph King M.S.

★★★★☆ 4 out of 5

Language	: English
File size	: 1644 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 180 pages
Lending	: Enabled



Performance enhancing drugs (PEDs) are substances that are used to improve athletic performance. They can be used to increase muscle mass, strength, and endurance, and can also improve recovery time. PEDs are often used by athletes in a variety of sports, including bodybuilding, cycling, and track and field. They can also be used by people who are not athletes, such as those who want to improve their appearance or fitness.

There are many different types of PEDs, including:

- Anabolic steroids
- Human growth hormone (HGH)
- Erythropoietin (EPO)

- Insulin
- Beta-2 agonists
- Diuretics

PEDs can have a number of benefits, including:

- Increased muscle mass and strength
- Improved endurance
- Reduced recovery time
- Improved appearance

However, PEDs can also have a number of risks, including:

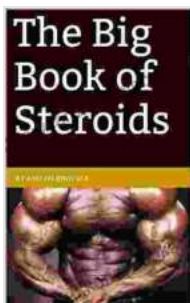
- Acne
- Hair loss
- Gynecomastia (breast development in men)
- Testicular atrophy
- Liver damage
- Kidney damage
- Heart disease
- Cancer

The ethical implications of PED use are complex. Some people believe that PEDs are cheating, while others believe that they are simply a way to level

the playing field. There is no easy answer to this question, and it is one that each individual must answer for themselves.

If you are considering using PEDs, it is important to weigh the benefits and risks carefully. You should also talk to your doctor to make sure that you are healthy enough to use them. PEDs can be a powerful tool, but they can also be dangerous. It is important to use them safely and responsibly.

PEDs are a complex issue with no easy answers. There are both benefits and risks to their use, and the ethical implications are complex. If you are considering using PEDs, it is important to weigh the benefits and risks carefully and talk to your doctor to make sure that you are healthy enough to use them.



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