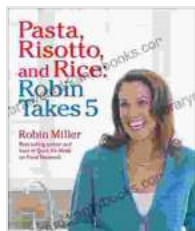


500 Recipes 5 Ingredients or Less, 500 Calories or Less for Nights of the Week!



Pasta, Risotto, and Rice: Robin Takes 5: 500 Recipes, 5 Ingredients or Less, 500 Calories or Less, for 5 Nights/Week at 5:00 PM by BookSumo Press

★★★★☆ 4 out of 5

Language : English
File size : 3768 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 105 pages
Lending : Enabled



Are you tired of coming home from a long day of work and having to spend hours in the kitchen cooking dinner? Do you wish there were a way to eat healthy without sacrificing taste or convenience? If so, then you need 500 Recipes 5 Ingredients or Less, 500 Calories or Less for Nights of the Week!

This cookbook is packed with 500 delicious recipes that are perfect for busy weeknights. Each recipe has only 5 ingredients or less and 500 calories or less, so you can feel good about what you're eating without sacrificing taste.

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- Quick and Healthy Turkey Chili
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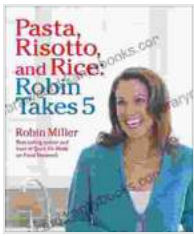
"This cookbook is a lifesaver! I'm always short on time, but I still want to eat healthy. With this cookbook, I can have a delicious meal on the table in no time!" - Sarah J.

"I love that the recipes in this cookbook are so simple to follow. I'm not a great cook, but I can still make these recipes without any problems." - John D.

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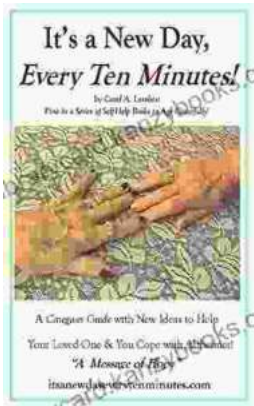
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